




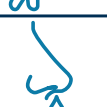




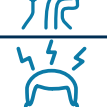





FLU vs. COVID-19 vs. COLD

The Flu and COVID-19 are both contagious respiratory illnesses that are caused by different viruses. The signs and symptoms of Flu, COVID-19, and the common cold can be similar. If you are experiencing the symptoms below, please contact your health care provider.

	FLU	COVID-19	COLD
 Incubation period	1-14 days	1-14 days	1-3 days
 Symptom onset	Abrupt	Gradual	Gradual
 Fever	Common	Common	Rare
 Cough	Common	Common	Mild to Moderate
 Fatigue	Common	Common	Sometimes
 Runny nose	Sometimes	Sometimes	Common
 Nasal congestion	Sometimes	Sometimes	Common
 Diarrhea	Sometimes	Sometimes	Rare
 Body Aches	Common	Sometimes	Slight
 Sore throat	Sometimes	Sometimes	Common
 Headache	Common	Sometimes	Rare
 Loss of appetite	Common	Sometimes	Sometimes
 Shortness of breath	Sometimes	Common	Mild
 Respiratory issues	Sometimes	Common	Sometimes