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| <b>Full Title</b>             | <b>REHAB-HF: A Trial of Rehabilitation Therapy in Older Acute Heart Failure Patients</b>   |
| <b>Principal Investigator</b> | Jared Green, DO  |
| <b>Sub-Investigator</b>       | Kelly Crozier, MD  |
| <b>Study Objectives</b>       | To examine the hypothesis that, in addition to standard care, a novel, tailored, progressive, multi-domain rehabilitation intervention administered to older patients with acute decompensated heart failure (ADHF) beginning early during hospitalization and continuing for 12 weeks will improve physical function and key clinical outcomes, including the rate of re-hospitalization  |
| <b>Inclusion Criteria</b>     | Patients are eligible to be included in the study if they meet all of the following criteria: <ul style="list-style-type: none"><li>• Age <math>\geq</math> 60 years old</li><li>• In the hospital setting &gt;24 hours for the management of ADHF, or diagnosed with ADHF after being hospitalized for another reason</li><li>• ADHF will be confirmed by the study physician, and will be defined according to the Food and Drug Administration definition of hospitalized heart failure as a combination of symptoms, signs, and HF-specific medical treatments</li></ul> |
| <b>Exclusion Criteria</b>     | Patients are excluded if they meet any of the following criteria: <ul style="list-style-type: none"><li>• Acute myocardial infarction</li><li>• Planned discharge other than to home or a facility where the participant will live independently</li><li>• Already actively participating in formal, facility-based cardiac rehabilitation</li></ul>   |



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**Status**

Open to enrollment

**Keywords**

heart failure, CHF, ADHF, rehabilitation, cardiology, cardiac rehab