

**PLEASE FILL OUT THIS QUESTIONNAIRE.  
BRING IT WITH YOU TO YOUR APPOINTMENT**

PM&R Tower Health  
2802 Papermill Road  
Wyomissing, PA 19610  
484-628-2778

**CHIEF COMPLAINT FORM**

Name:	Date:	Age:	Date of Birth:	Dominant Hand: <input type="checkbox"/> Right <input type="checkbox"/> Left
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*This information will assist in determining the cause of your symptoms.*

1. Describe your main problem: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. The main problem began:  Suddenly     Gradually

3. How long have you had the problem?  
 Years     Months     Weeks     Days

4. What were you doing when this problem began?  
\_\_\_\_\_

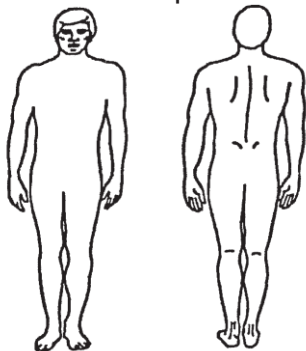
5. Does the pain wake you up?     Yes     No

6. Are you weak?

- |  |                               |                                |
|--|-------------------------------|--------------------------------|
| <input type="checkbox"/> Lifting       | <input type="checkbox"/> Left | <input type="checkbox"/> Right |
| <input type="checkbox"/> Grasping      | <input type="checkbox"/> Left | <input type="checkbox"/> Right |
| <input type="checkbox"/> Knee Buckling | <input type="checkbox"/> Left | <input type="checkbox"/> Right |
| <input type="checkbox"/> Tripping      | <input type="checkbox"/> Left | <input type="checkbox"/> Right |
| <input type="checkbox"/> Falling       | <input type="checkbox"/> Left | <input type="checkbox"/> Right |
| <input type="checkbox"/> Other         | <input type="checkbox"/> Left | <input type="checkbox"/> Right |

7. Mark the location of your problem

Place an "X" at the most painful areas  
Draw an arrow to indicate if pain moves to another area



8. What does the pain feel like?

- |   |                                       |                                   |
|---|---------------------------------------|-----------------------------------|
| <input type="checkbox"/> Dull Ache                    | <input type="checkbox"/> Strong Ache  | <input type="checkbox"/> Cramping |
| <input type="checkbox"/> Pulling                      | <input type="checkbox"/> Sore         | <input type="checkbox"/> Heavy    |
| <input type="checkbox"/> Burning                      | <input type="checkbox"/> Stabbing     | <input type="checkbox"/> Shooting |
|   | <input type="checkbox"/> Pins/Needles | <input type="checkbox"/> Tingling |
| <input type="checkbox"/> Numbness-Decreased Sensation |                                       |                                   |
| <input type="checkbox"/> Other: _____                 |                                       |                                   |

9. Intensity of Pain:

0 = No Pain                      10 = Worst Pain Imaginable

0   1   2   3   4   5   6   7   8   9   10

What number describes your pain at its worst? \_\_\_\_\_

What number describes the least level of your pain? \_\_\_\_\_

What number describes the average amount of your pain? \_\_\_\_\_

10. What treatment(s) have you previously tried? (circle)

- |                  |             |
|------------------|-------------|
| Surgery          | Acupuncture |
| Physical Therapy | Injections  |
| Chiropractic     | None        |

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What medication(s) have you tried? (check)

- |  |   |                                      |
|--|---|--------------------------------------|
| <input type="checkbox"/> Tylenol               | <input type="checkbox"/> Aspirin                  | <input type="checkbox"/> Naproxen    |
| <input type="checkbox"/> Ibuprofen             | <input type="checkbox"/> Codeine                  | <input type="checkbox"/> Hydrocodone |
| <input type="checkbox"/> Oxycodone             | <input type="checkbox"/> Ultram                   | <input type="checkbox"/> Gabapentin  |
| <input type="checkbox"/> Lyrica                | <input type="checkbox"/> Cymbalta                 | <input type="checkbox"/> Tizanidine  |
| <input type="checkbox"/> Methocarbamol/Robaxin | <input type="checkbox"/> Flexeril/Cyclobenzaprine |                                      |

11. Review of Systems (recent symptoms):

Please circle YES or NO if you have had the following symptom(s) ever or in the last year?

			COMMENTS
Weight gain / loss	Yes	No	
Headache	Yes	No	
Visual loss	Yes	No	
Hearing loss	Yes	No	
Neck stiffness	Yes	No	
Joint pain	Yes	No	
Joint stiffness	Yes	No	
Chest pain	Yes	No	
Limb swelling	Yes	No	
Shortness of breath	Yes	No	
Memory problem	Yes	No	
Depression/Anxiety	Yes	No	
Sleep disorder	Yes	No	
Local weakness	Yes	No	
Fainting spell	Yes	No	
Falling	Yes	No	
Lose control of stool	Yes	No	
Lose control of urine	Yes	No	

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Date

*For Office Use Only*

\_\_\_\_\_  
Signature of Physician

\_\_\_\_\_  
Date

\_\_\_\_\_  
Time