



## Reading Hospital Rehabilitation at Wyomissing

Advancing Health. Transforming Lives.

# Disclosure Information 2021

The Mission of Reading Hospital Rehabilitation at Wyomissing (RHRW) is to provide compassionate, accessible, high-quality, cost-effective healthcare to the community; to promote health, to educate healthcare professionals and to participate in appropriate clinical research.

## Accreditations

The Acute Rehabilitation Unit is accredited by:

- The Rehabilitation Accreditation Commission (CARF) for our comprehensive integrated interdisciplinary rehabilitation program, and stroke, amputee and brain injury specialty programs.
- The Joint Commission (JCAHO)

## Patients Served

The Acute Rehabilitation Unit provides services for patients with functional loss due to disabling injury or illness, including but not limited to:

- Stroke (CVA)
- Amputation
- Arthritis
- Hip fractures
- Hip and knee replacements
- Degenerative, progressive neurological disorders
- Brain injury
- Spinal cord injury
- Multiple trauma
- Pulmonary
- Polyneuropathy
- Parkinson's Disease

## Payer Source

**Medicare:** We accept Medicare and several managed Medicare plans. Medicare pays for the cost of inpatient rehabilitation provided you meet criteria at admission and during your stay. This is part of your hospital benefit under Medicare Part A. Our Medical Director will decide whether you meet these criteria. However, our decision is subject to Medicare review.

**Medicaid:** We accept Medicaid and several managed Medicaid plans. The liaisons for the Acute Rehabilitation Unit and the case managers will verify your insurance and obtain any necessary authorizations prior to and throughout your stay.

**Private Insurance:** Your benefits will be verified, and authorization obtained before your admission. Continued reviews with your insurance company will be completed throughout your stay in order to obtain continued authorization for your stay.

**Private Pay:** If you are paying for the rehabilitation program privately, Patient Billing Services at the Hospital will contact you to provide assistance and information.

A disclosure statement regarding your financial obligations, including transportation costs, will be provided prior to admission, as part of your decision-making process.

## Our Commitment to You

It is the policy of the Acute Rehabilitation Unit that all team members will act in a manner consistent with the mission, philosophy, and operating policies of the program.

In accordance with these principles and policies, team members will:

- Show respect for the dignity of the individual whether patient, family member, co-worker, client or any other person.
- Provide the highest quality clinical and customer-related services.
- Demonstrate fairness and honesty in all interactions with the public.
- Adhere to professional codes and practice guidelines.
- Provide an accurate portrayal of the services and outcomes of the program.
- Be ethical in all marketing and public relations activities.

## Total Patients

The Acute Rehabilitation Unit will address participation restrictions, psychological and behavioral status, and cultural diversity of every person served. In 2021, the Acute Rehabilitation Unit treated the following diagnoses:

Orthopedic	188	14.9%
Stroke	323	25.7%
Other impairment	230	18.3%
Neurologic	147	11.7%
Brain Injury	124	9.8%
Major Multiple Trauma	64	5.1%
Amputation	81	6.4%
Spinal Cord Injury	58	4.6%
Cardiac	44	3.5%



**1259**  
**Total Patients**  
**Average Age: 68.4**

## Service Scope/Intensity

Patients admitted to the Acute Rehabilitation Unit must be able to tolerate three hours of therapy per day for five of seven days per week. Services will include at least two types of therapy. Services can include any or all of the following as needed (on-site unless otherwise indicated):

### Available 24/7:

- Rehabilitation Nursing

### Available 7 days/week:

- Rehabilitation Medicine
- Internal Medicine
- Physical Therapy
- Occupational Therapy
- Speech-Language Therapy
- Pharmacy (onsite)
- Laboratory (onsite)

### Available Monday-Friday:

- Nutrition Services
- Neuropsychology & Rehab Psychology
- Care Coordinator (on-call on weekends)

### Available As Needed:

- Consulting physician care (onsite or offsite)
- Other services (in conjunction with Reading Hospital main campus)
- Orthotics/Prosthetics consultation and training
- Radiology – including x-ray & video fluoroscopy (onsite as needed 7 days/week)
- Chaplaincy Services (availability as needed)

While in the Acute Rehabilitation Unit, an individualized treatment plan will be developed through an interdisciplinary team approach. Of course, the patient and family are part of the team and are involved in discharge planning and treatment decision-making.

#### Other considerations:

- Our program does not provide services to individuals who are:
  - Ventilator-dependent
  - In a coma
- The following conditions are considered on a case-by-case basis to determine if we are able to meet the special needs of these patients:
  - Burns
  - Adolescents between the age of 15-18

If it is determined that our services are unable to meet an individual's needs, recommendations for alternative services will be made.

#### Length of Stay

Many factors influence the length of stay, including severity of injury, previous health status and medical complications. The rehabilitation team will determine your estimated length of stay after evaluating your condition.

For calendar year 2021, our average length of stay was **16 days**, based on **1,259 patients** that we served.



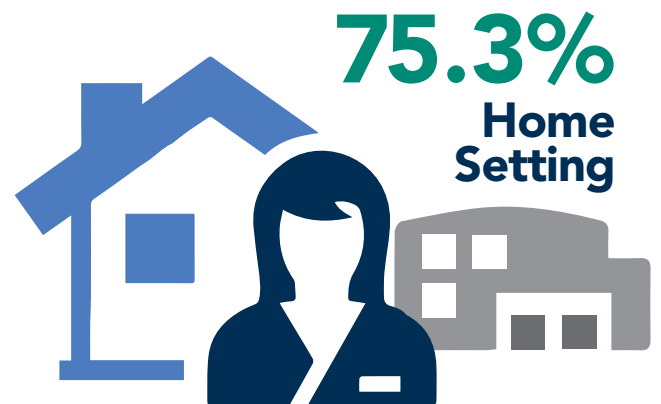
	Facility Average	National Average
Length of Stay (days)	15.6	12.9

#### Discharge Destination

The rehabilitation team will work with you and your family to help determine the best discharge environment for you, based on your needs at the time of discharge. If you are unable to return home, the team will assist you and your family in making alternative arrangements.

For 2021, **1,259 patients** completed their rehabilitation program, and **75.3%** of these patients were discharged to home or assisted living. Other discharge destinations are indicated below.

Discharge Destination	Facility Average	National Average
Home Setting	75.3%	81.3%
Skilled Nursing	9.8%	8.9%
Return to Hospital	14.1%	9.3%



## Average Treatment Time

All patient programs are individually developed based on each patient's unique needs. Program schedules may vary from patient to patient dependent upon diagnosis, estimated length of stay, activity tolerance, previous functional level, and functional goals. The discipline is based on your individual needs. There are some services, such as speech therapy or psychological services, that you may not need. Your physician, case manager, and therapists will discuss your individualized plan of care with you. Patients must be able to participate in three or more hours of therapy each day for at least five days per week.

### 1-2 hours/day:

- Physical Therapy
- Occupational Therapy

### As Needed:

- Speech Therapy
- Psychological Services



## Quality

One-on-one time spent with your therapists is time well spent. Our therapy services are tailored to your specific needs so that you can accomplish your goals faster. Your therapy time is focused on you alone and enhancing your functional improvement, with the goal of you leaving here feeling confident and ready to return home. The higher the functional improvement score, the better.\*



Quality	Facility Average	National Average
New or Worsened Pressure Ulcers	0.8%	1.1%
Falls with Major Injury	0.08%	0.14%

Patient Satisfaction	Score	National Average
Overall Satisfaction	92.4%	91.9%
Likelihood to Recommend	94.6%	92.4%



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