

# PERFORMANCE SPINE & SPORTS PHYSICIANS, PC



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### POTTSTOWN

1603 East High Street, Pottstown, PA 19464

Phone: 610-970-4700 | Fax: 610-970-5635

### PHOENIXVILLE

826 Main Street, Suite 100, Medical Office Building II  
Phoenixville, PA 19460

Phone: 610-970-4700 | Fax: 610-970-5635

### EAST NORRITON

342 W. Germantown Pike, Suite 100  
East Norriton, PA 19403

Phone: 610-275-7013 | Fax: 610-970-5635

[performancespine.com](http://performancespine.com)

Performance Spine & Sports Physicians, PC, is the region's leading provider of spinal and musculoskeletal rehabilitation and pain management. We work closely with each patient's primary care physician and are committed to delivering high quality, efficient and comprehensive treatment in a compassionate and caring environment.

We offer minimally invasive treatments of the spine and peripheral joints, including:

- Disc herniations (cervical, lumbar and thoracic)
- Radiculopathy (arm or leg weakness)
- Degenerative disc disease
- Spinal stenosis
- Vertebral compression fractures
- Low back and neck pain
- Failed back syndrome
- Sports injuries
- Work and motor vehicle injuries
- Degenerative joint disease
- Carpal tunnel syndrome
- Myofascial pain
- Post-herpetic neuralgia (Shingles)
- Reflex sympathetic dystrophy (CRPS)
- Small fiber neuropathy

## PRACTICE FOCUS

We offer three convenient locations, three procedure rooms, three electrodiagnostic centers and an ultrasound suite in our state-of-the-art in-office setting. Our services include:

- Pain medication management including opioid and non-opioid medications as appropriate (rational medication management)
- X-ray guided interventional pain management (at the cervical, thoracic and lumbar regions) including: epidural steroid injections, facet joint injections, sacroiliac joint injections (SI Joint), nerve blocks, sympathetic blocks and radiofrequency thermal denervations
- Discography, spinal cord stimulator trials and implants, intrathecal pain pumps
- Ultrasound guided injections (e.g. carpal tunnel)
- EMG/NCS (electromyography/nerve conduction studies)
- Joint injections (shoulder, elbow, wrist, knee, hip, ankle, etc.)
- Viscosupplementation injections for knee arthritis
- Worker's compensation, auto accident recovery
- Prosthetic and orthotic assessments
- Epidermal nerve fiber density skin biopsy

# PERFORMANCE SPINE & SPORTS PHYSICIANS, PC

## OUR PHYSICIANS

### Gregory Chapis, MD

Dr. Chapis attended Temple University School of Medicine and completed his residency in Physical Medicine and Rehabilitation at Temple University Hospital where he served as Chief Resident. He completed a fellowship in spine and musculoskeletal medicine at Portner Orthopedic Rehabilitation. Dr. Chapis is board-certified in Pain Medicine and Physical Medicine and Rehabilitation. He is on the medical staff at Pottstown Memorial Medical Center, where he has served as President of the Medical Staff, Medical Staff Treasurer, and has served on the PMMC Board of Trustees. He remains active on the Medical Executive Committee, the Hospital's Medical Credential's Committee and the Physician Leadership Group. Dr. Chapis is also the Medical Director of Phoenixville Hospital Rehab Unit.

### Christopher Dankmyer, MD

Dr. Dankmyer is board-certified in both Physical Medicine and Rehabilitation and Pain Medicine. He graduated from Thomas Jefferson Medical College in Philadelphia, PA. He completed his internship at Lankenau Hospital, and a year of Internal Medicine at Abington Hospital. He completed his residency training in Physical Medicine and Rehabilitation at Temple University Hospital in Philadelphia, PA. He is the director of the electro diagnostic lab as well as the ultrasound lab. He specializes in electromyography (EMG) and nerve conduction studies (NCS), ultrasound-guided soft tissue and joint injections, Botox injections for spasticity and non-surgical treatment for spine and musculoskeletal disorders.

### Thomas Haley, DO

Dr. Haley completed his undergraduate degree at Lehigh University before attending the Philadelphia College of Osteopathic Medicine. At PCOM, Dr. Haley was selected into the Osteopathic Manipulative Medicine Fellowship program specializing in manual medicine. Upon graduation he completed his internship at Mercy Suburban Hospital, and his Physical Medicine and Rehabilitation residency at Temple University Hospital where he also served as chief resident. Dr. Haley completed his Interventional Spine and Pain Management Fellowship at Performance Spine and Sports Physicians and joined the practice as an attending physician

in 2008. He is the current Division Chair of Physical Medicine and Rehabilitation at Community Suburban Hospital and is also on staff at Chestnut Hill Hospital and Einstein Medical Center Montgomery. Dedicated to advancing the treatment of patients in pain, Dr. Haley is the director of Clinical Research at PSSP, has published in scientific journals, and has presented both nationally and internationally on pain management.

### Andrew Isleib, DO

Dr. Isleib attended Rowan University School of Osteopathic Medicine where he served as the first Director of the Chateau Gardot Music Medicine Program, graduating with a Certificate of Honor for outstanding achievement in Physical Medicine and Rehabilitation. He completed his Physical Medicine and Rehabilitation residency at Temple University Hospital and Moss Rehab where he served as Chief Resident, clinical instructor and sat on the Temple University Hospital Ethics Committee and Staff Quality Council. In addition to the use of medications, therapy and interventional procedures, Dr. Isleib has an interest in incorporating osteopathic manipulative treatment into the care of his patients. In his free time, Dr. Isleib, a former touring musician, writes and records songs which have been featured in television shows, commercials and film.

### David Lichten, MD

Dr. Lichten is a double board-certified specialist in Physical Medicine and Rehabilitation and Pain Medicine. He completed his training at Thomas Jefferson University in Philadelphia where he received prestigious awards for "excellence in teaching" to medical students. After residency, Dr. Lichten completed a fellowship in interventional spine and pain management at Performance Spine & Sports Physicians where he gained additional training in interventional spinal procedures and advanced pain management techniques. He has published in scientific journals, coauthored book chapters, and is currently participating in ongoing research in topics pertaining to this field. He has presented nationally on topics related to interventional spinal procedures and pain management. Dr. Lichten also speaks fluent Spanish.

#### Our experienced clinical team includes:

Charlotte Solomon, PA-C; William Syska, PA-C; and Kathryn Waverka, PA-C

## REFERRALS

A physician is always on-call for medical emergencies. We accept most insurances, including worker's compensation, MVA and major medical plans. New patients with acute pain will be seen within 48 hours. To make a referral, please call either 610-970-4700 or 610-275-7013.

